

**ANORECTAL SURGERY PREOPERATIVE ORDERS**  
**Colorectal Surgery Services**

\*\*\*\*\* Please follow the checked or circled orders \*\*\*\*\*

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Authorization No.:** \_\_\_\_\_ **Date of Surgery:** \_\_\_\_\_

**Hospital:**     Stone Oak Methodist     Methodist (Northeast)     Surgery Center  
                  Baptist (North East)     Baptist (North Central)     Other \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_

1. **Admit to:**     Pre-Admission Testing for (date): \_\_\_\_\_
- CBC w/ differential (automated / manual)     PT / PTT
  - Basic Metabolic Profile     Liver Function Tests
  - Comprehensive Metabolic Profile
  - Chest X-Ray (PA and Lateral)     EKG if over 40 years of age
  - Beta HCG     Urinalysis

2. **OR permit for:** \_\_\_\_\_

**3. Bowel Preparation:**

- No bowel preparation     List of Clear Liquids
- Enemas till clear the night before and morning of surgery
- Anorectal Bowel Prep
- PEG for colonoscopy or procedures
- Bisacodyl & PEG prep for colonoscopy & procedures
- Review prep with patient & provide bowel preparation instructions

4. **Diet:**     Clears for 12 / 24 hours prior to surgery     NPO after midnight

5. **Antibiotics:**    Antibiotics are to be given less than 1 hour prior to induction

- Cefoxitin 1 gm or 2 gm IV
- Levoquin® (Levofloxacin) 500 mg IV
- Flagyl (Metronidazole) 500 mg IV
- Invanz® (Ertapenem) 1 gm IV

**Doctor's Signature & Date:** \_\_\_\_\_

John H. Winston, III, MD

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## 6. Deep Venous Thrombosis Prophylaxis:

- Graduated Compression Stockings on patient before induction
- Intermittent Sequential Compression Devices on patient before induction
- Heparin 5,000 units SQ before induction
- Lovenox® (Enoxaparin) 40mg SQ before induction

## 7. Cardiac prophylaxis: None

- Atenolol (Tenormin)  25 mg  50 mg  100 mg PO with a sip of water with pre-op medication
- Metoprolol (Lopressor)  50 mg  100 mg PO with a sip of water with pre-op medication
- Atenolol (Tenormin)  5 mg  10 mg IV 30 minutes before induction

## 8. Home medications:

- Take all **hypertension** medications by mouth with sips of water the morning of surgery
- Hold the following medications the morning of surgery: \_\_\_\_\_

- Hold the following medications for \_\_\_\_\_ days prior to surgery: \_\_\_\_\_

## 9. I.V. Orders: Lactated Ringers Normal Saline at a rate of keep vein open

## 10. Have patient **urinate and defecate** in holding prior to transfer to operating room

## 11. Documents available on chart for surgery:

- Office History and Physical  Last office progress note
- Home medications list  List of referring doctors
- Cardiac / Medical clearance  Pulmonary Clearance
- Reports from preoperative workup:
  - EKG  CXR results  Preoperative Labs
  - CT  Barium enema  PET scan
  - Colonoscopy  Pathology
  - Other: \_\_\_\_\_

## 12. Other:

- Naropin 20cc vial to OR.
- Botox 100U. Please send to OR preoperatively.

Doctor's Signature & Date: \_\_\_\_\_

John H. Winston, III, MD